

Celebrities are raving about a new beauty trend: thread lifts. Thread lifts are nonsurgical cosmetic procedures that give you high-arched eyebrows and sharp cat eyes, similar to the trendy looks you'd see on many Instagram personalities.

Among the celebrities who publicly applauded this trend is Gwyneth Paltrow. The Hollywood actress endorsed thread lifts in her Netflix series "The Goop Lab." She said that compared to facelifts, thread lifts are a more natural solution to aging since your body dissolves the threads.

If you want to get that Sphinx-like beauty and are wondering if [FDA PDO thread lifting](#) is the answer to your needs, don't look further for information! PDO Max shares the answers to some of the frequently asked questions about this new trend that is here to stay.

How much does a thread lift cost?

Thread lifts are priced at \$3,000 on average. But the cost of PDO thread lifts can vary, depending on the following factors:

- Practitioner's level of experience
- Number of PDO threads needed to treat the area you want
- The severity of facial sagging

Aspects like your location and the cost of living in your area can also play into the cost of your thread lift procedure.

Are thread lifts safe?

Thread lifts are non-invasive procedures, so they have relatively low risks. According to the American Society of Plastic Surgeons, the procedure has little to no risk of bleeding, severe bruising, scarring, and other complications.

The most you will experience is some itchiness, discomfort, and redness on the injection site. But these should fade a few hours after the treatments. If you have sensitive skin, you might see some light bruising but that should fade away eventually, too.

There are cases where patients developed a mild to severe infection. If you experience this, see your practitioner immediately. After they remove the sutures, your skin should go back to normal.

Experts also discourage getting too many thread lifts done over a short period as the risk of scarring will increase. The temple and eyebrow areas are especially sensitive.

How long does a thread lift last?

The threads dissolve over six to nine months. The good news is that as your body absorbs the threads, it stimulates your collagen production around the injected area. The collagen boost helps maintain the "lifted" effect on your face. Although you do need to have the procedure done several times before your collagen reacts.

A [small study from 2017](#) supports the long-term effects of thread lifts. It claims that the lifting and tightening effects of the procedure began to lessen after a year. But candidates who had more lifts done saw a more pronounced "rejuvenation" effect.

How soon can I see thread lift results?

Your skin will look firmer almost immediately after the procedure. The lifted effect will be more visible once the swelling goes down, but the real results will appear around a month later. They'll grow even more apparent within the next three months as your body develops new collagen.

Who's a good candidate for thread lifts?

Since thread lifts produce subtle results, they're best for people with slightly loose skin and mild signs of aging. This procedure is effective at slowing down skin aging and improving your overall complexion. Generally, men and women in their 30s-60s with mild to moderate sagginess are good candidates.

If you have severely sagging skin, botox or face lifts may be better alternatives because you won't get a good return with just thread lifts.

Many practitioners supplement thread lifts with other collagen-stimulating procedures, such as microneedling.