

The cosmetic industry is constantly developing new treatments to help people battle the signs of aging. These procedures have become quicker and more painless than the treatments from before. Now, clients can easily get a cosmetic procedure done during their lunch break then return to work with nothing more than a bit of redness on their face.

One of the newest anti-aging treatments today is the PDO thread lift. The treatment uses thin, dissolvable threads surgically injected into the skin. [FDA Cleared PDO threads](#) fill in fine lines, wrinkles, and loose skin, resulting in a more youthful appearance.

Here are some of the advantages of PDO thread lifts over traditional facelifts:

1. Quick Procedure

A typical PDO thread lift treatment is quick, taking about 15 to 30 minutes, depending on which part of the body is treated. Plus, there's no recovery or downtime necessary. The client can go back to their routine immediately after the procedure.

2. Immediate, Long-Lasting Results

On top of the fast procedure, a PDO thread lift gives immediate results. The complexion looks even better after two to three months, as the skin absorbs the PDO threads.

On the other hand, traditional facelifts can cause some inflammation after the treatment. The client will have to wait for the swelling to go down to see the improvements brought by the procedure.

Once the skin fully absorbs the threads, the results of the treatment can last as long as three two years.

3. Non-Invasive

This is one of the most attractive benefits of PDO thread lifts. Since the threads are injected, the client won't have to go under the knife to get this procedure. The treatment won't leave any scars, so PDO thread is an excellent option for those who don't want other people to know that they got a procedure.

Also, PDO lifts are relatively painless. The threads are injected into the top layer of the skin, where there are few nerve endings, causing very little to no pain. The most the clients will feel is a bit of discomfort from numbing agents used ahead of the procedure.

4. Safe, Slow Absorption

The body fully absorbs the thread within six months to a year, depending on the type of thread used. As the thread sinks deeper into the skin, the complexion will improve more and more.

Because they're absorbed slowly, the threads adjust better to the composition of the body. To date, PDO threads haven't been known to cause any allergies or negative skin reactions. The threads are also non-toxic, ensuring the client's safety.

5. Customizable

PDO thread treatments address various facial cosmetic concerns. The threads can be injected in different parts of the face, including the following:

- Laugh lines
- Eye wrinkles
- Under-eye area
- Cheeks and jowls

- Neck
- Chin and jawline
- Naso-jugal and nasolabial folds

PDO threads come in a range of thicknesses, depending on the area of the face where they will be injected.

The longevity of the threads can be extended with some healthy habits. Clients are encouraged to use a broad-spectrum sunscreen with SPF 30 and moisturize daily to keep their skin healthy.